**Luke 9:23-25**

**ALL IN: Session #1 NOW OR NEVER: PACK YOUR COFFIN**

**Then he said to them all: “Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me will save it. What good is it for someone to gain the whole world, and yet lose or forfeit their very self?**

**Spend some time (10 minutes) meditating on this verse. There are 4 distinct calls in this passage. Write out what each one means to you.**

**1.  "If anyone desires to come after Me..."**

**2.  "Let him deny himself..."**

**3.  "And take up his cross..."**

**4.  "And follow me."**